



Message from Dr. Arlan W. Fuhr

At a time when much of the news is centered on the economy and other subjects that elicit tension, it is gratifying that the Activator Method is also getting its share of publicity. People are stressed right now, and Activator doctors have the unique opportunity to help them feel better, both physically and mentally. As evidenced by our recent news coverage, the Activator Method is making a difference in people's lives and helping those who are suffering. This is a good time to remember why we joined this profession – to heal people using chiropractic techniques like the Activator Method. I hope you enjoy reading or viewing the news clips mentioned below, as I know they brought me new inspiration!

RESEARCH



Activator treats active U.S. military

The research-supported Activator Adjusting Instrument was recently featured as part of an article in the *ACA News* on caring for the U.S. military using chiropractic, and the steps doctors are taking to ensure our troops are ready for duty. Dr. Rhonda McKinney of Eglin Air Force Base is shown in a photo in the article holding an Activator next to one of her patients, U.S. Air Force Master Sgt. Keith McCullough, who was treated successfully for a hip problem. The article discusses at length the many benefits our troops are receiving as a result of chiropractic care. The feature was the cover story of the association's February issue. To read past issues of the *ACA News*, click [here](#).

RELIABILITY



Phoenix-area doctor recognized for using Activator

A recent article in the *Ahwatukee Foothills News*, a community publication for a suburb of Phoenix, centered on Dr. Greg Hauser's use of the Activator Method in treating patients both young and old. The article highlighted Dr. Hauser's use of the low-force technique in applying gentle, standardized and reliable adjustments to his patients. Said Hauser, "People like it because it's gentle and you get the same effect. It takes the place of my hands." To review the complete article, please click [here](#).

RESULTS



Children given relief with Activator

Two recent news stories noted the benefits of using the Activator Method low-force adjusting technique in treating children safely and comfortably. One of the television news features, on Pittsburgh's CBS affiliate KDKA, demonstrated the positive results the Activator Method provided for children with ear problems. View the complete story by clicking [here](#).

The second television story was part of ABC's award-winning *Nightline* program and aired on March 2, showing Activator doctor Beth Forgosh treating babies as young as four months old using the Activator Method. To see Dr. Forgosh in action, click [here](#).