

## Meet the Activator Methods Instructor Team



**J.C. Carpenter, DC** – Dr. Carpenter has been on faculty at Logan College of Chiropractic for the past 25 years, and has been utilizing the research-supported Activator Method during his tenure. An alumnus of Logan, he is the faculty advisory for the college's Activator Club, and an advisor of the Students International Chiropractic Association. Dr. Carpenter is a member of the International Chiropractic Association, and serves on the board of the National Institute of Chiropractic Research. In his free time, he sings baritone in the 90-member Chancel Choir of the Central Presbyterian Church in his community.



**Wayne Comeau, DC** – After studying at the University of Maryland and Northeastern University, Dr. Comeau shifted his focus to chiropractic, and completed his doctoral work at Palmer College of Chiropractic. Celebrating over forty years of patient care experience and nearly two decades as an Activator instructor, he is also a diplomate of the National Board of Chiropractic Examiners and the American Board of Chiropractic Occupational Health Physicians, and a fellow of the American College of Chiropractors. A veteran of the U.S. Navy, Dr. Comeau enjoys membership in numerous professional, civic and social organizations. He has also served as chairman of the Massachusetts Board of Chiropractic Examiners.



**Christophe Dean, DC** – A chiropractic physician since 1975, Dr. Dean received his undergraduate degree from Penn State and completed his doctoral work at Palmer College of Chiropractic. Dr. Dean was introduced to the Activator Method in 1978 and became an instructor in 1986. With his practice located in Michigan, Dr. Dean has held leadership roles with both the Michigan Chiropractic Council and Michigan Chiropractic Society, and as president of the latter, was instrumental in unifying the two competing groups into a single organization, the Michigan Association of Chiropractors. He often treats performers in touring casts of Broadway productions and serves as team chiropractor for the Detroit Skating Club and other athletic groups and competitions.



**Thomas R. De Vita, DC** – Dr. De Vita has been in practice for 34 years and has used the Activator Method for more than 30 years. He was named an Activator instructor in 1982, and serves on the Clinical Advisory Board for the organization. Dr. De Vita served for nine years on the Massachusetts Board of Chiropractic Registration and Examination, and held roles as secretary, vice chairman and chairman during his tenure. He is also a past board member and treasurer for the Massachusetts Chiropractic Society, and vice chairman of the National Institute of Chiropractic Research. Dr. De Vita was a contributing editor to the *Activator Method*, Second Edition textbook published in 2008.



**Richard Dussault, DC** – Dr. Dussault is a graduate of Palmer College of Chiropractic. He has been using the Activator Method exclusively for 25 years, has been an instructor at Activator seminars since 1997, and teaches the Activator Method at l'Université du Québec à Trois-Rivières. He has held various leadership roles with the Order of Chiropractors of Quebec and the Quebec Chiropractic Foundation, and has been honored with the Award of Merit from the Canadian Chiropractic Association.



**Rebecca Fischer, DC** – Dr. Fischer, a graduate of Cleveland Chiropractic College who completed her undergraduate work at Southwest Missouri State, has been practicing for more than a quarter century. A sports fan and athlete herself, her clinic emphasizes care for sports injuries, physical therapy and rehabilitation, as well as family care, including nutrition and pediatrics. Dr. Fischer was named an Activator instructor in 1990, and has served on the Clinical Advisory Board for the organization since 2002. She played a significant role in the development of the *Activator Method*, Second Edition textbook as a contributing author and associate editor. Throughout her career, she has been active in professional and community organizations, holding numerous leadership positions.



**Thomas Forbach, DC** – Dr. Forbach, a 1976 graduate of Logan College of Chiropractic, is an adjunct faculty member for Cleveland College of Chiropractic and offers post-graduate instruction at both Cleveland College of Chiropractic and Palmer College of Chiropractic. His practice, LionsGate Chiropractic Center for Wellness, is located in Overland Park, Kan. Although his main emphasis is the Activator Method, he also provides nutritional counseling, exercise advice, and other services at his clinic. Dr. Forbach is a member of the American Chiropractic Association and the Kansas Chiropractic Association. He is a long-time member of the Activator instructor corps.



**Ed Galvin, DC** – Dr. Galvin graduated from Palmer College of Chiropractic in 1988 and returned to his hometown of Oswego, New York to open his practice, Port City Chiropractic, P.C. Dr. Galvin's practice emphasizes care for the entire family, as well as focusing on sports injuries, work and auto injuries. He has utilized the Activator Method Chiropractic Technique exclusively since 1989 and has been an Activator instructor since 1995. In July 2006, Dr. Galvin was appointed to serve on the Clinical Advisory Board for Activator Methods.



**Ronald R. Johansen, DC, DABCO** – After graduating from the University of California at Davis, Dr. Johansen worked as a fishery biologist and watershed manager for public agencies. He chose to pursue a second career in chiropractic, completing his doctoral program and later his diplomate in chiropractor orthopedics at Western States Chiropractic College in Portland, Ore. In private practice since 1982, Dr. Johansen is an Advanced Proficiency Rated doctor and instructor for Activator Methods. He has also participated in clinical trials for cold laser physical therapy and is published in the *Journal of Manipulative and Physiological Therapeutics*. In his free time, he volunteers for the Boy Scouts of America and for his church.

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**Michael McMurray, DC** – Dr. McMurray has been practicing for 26 years, and is a graduate of Los Angeles College of Chiropractic, where his study of low-force techniques led him to discover the Activator Method. In 1984, he became a Certified Chiropractic Sports Physician and found that the Activator Method gave him options to treat sports-related injuries not offered by other techniques. He has been an Activator instructor since 1992, is a member of the American Chiropractic Association and California Chiropractic Association, and is the team chiropractor for the San Jose Sharks NHL hockey team.



**Brad Meints, DC** – Dr. Meints received his Bachelor of Science in chemistry, biology and medical technology from South Dakota State University before completing his doctoral studies at Northwestern Health Sciences University in 1983. He then opened a chiropractic clinic in Pine Island, Minn. and shifted to the Activator Method as his preferred technique in 1993, after vigorous study of the technique and its applications. Just four years later, he was selected as an instructor, and most recently was named Activator's regional director for the Midwest. Outside of his practice, Dr. Meints is active in his church and community, and manages a small farm in Pine Island.



**Rosalie A. Pelissier, BN, DC** – Dr. Pelissier has been an Activator practitioner for a quarter century; when she took over a small practice in Lorette, Manitoba, and converted it to an Activator practice, her volume tripled. Today, she practices full time with two other Activator doctors. An Activator instructor for 20 years, she became Activator's regional director for western Canada in 2002. She has served on committees for the Manitoba Chiropractic Association (MCA) and is a board member for Heima Er Best, a charity that manages group homes for intellectually challenged adults. She is also the first female chiropractor to be elected to the MCA board of directors.



**Barry Quam, DC** – A native of Kent, Wash., and a veteran of the U.S. Army, Dr. Quam received his DC and BS degrees from Palmer College of Chiropractic. He has since completed three years of post-graduate work in chiropractic orthopedics. In practice for 32 years, Dr. Quam has volunteered time to two different state associations, and served as a Medicare peer reviewer and as an examiner for the Washington Department of Labor and Industries. He has played an integral role with Activator Methods, as an instructor, member of the Clinical Advisory Board, and advisor to regional directors, city coordinators and associate clinical instructors. He also commits significant time to the Kent Kiwanis Club and is a distinguished past president of that organization.



**Wayne Rhodes, DC, PhD** – A graduate of Life Chiropractic College, Dr. Rhodes has practiced in Tuscaloosa, Ala. since 1986 and founded the Wellness Center of Tuscaloosa. Prior to receiving his doctoral degree, he was a scholar athlete at the University of Alabama, where he played for the famed Paul "Bear" Bryant and was later drafted by the Chicago Bears. Spinal injuries cut his football career short, and also resulted in his introduction to chiropractic. He later returned to the University of Alabama to complete his master's degree in exercise physiology and his PhD. He has used the Activator Method exclusively since 1992, and has served as an instructor for more than a decade.



**Edwin Shepherd, III, DC** – A 1981 graduate of Palmer College of Chiropractic, Dr. Shepherd has operated clinics in Illinois and Maine. He has utilized the Activator Method exclusively for almost three decades, and frequently speaks to local schools about the technique and its effectiveness. Dr. Shepherd has served on the board of directors of the Maine Chiropractic Association, and remains an active member today. As an Advanced Proficiency Rated doctor and longtime Activator Methods instructor, Dr. Shepherd's experience with the technique is significant. He spends his time away from practice with family, and enjoys outdoor activities like fly fishing and kayaking, as well as music and cribbage.



**Joseph Steinhouser, DC** – Dr. Steinhouser is a 1978 graduate of Pasadena College of Chiropractic, where he was on faculty teaching radiology, radiographic interpretation, x-ray physics, clinical courses and chiropractic philosophy. He was first introduced to the Activator Method while in college, and later assisted in developing curriculum materials for basic and advanced Activator technique courses. A clinical researcher who focuses on the Activator Method, Dr. Steinhouser has been published in the *Journal of Manipulative and Physiological Therapeutics*. Today, he is in private practice in Lake Elsinore, Calif., and serves as an instructor and Clinical Advisory Board member for Activator Methods.



**Charlotte Watts, DC** – Dr. Watts is an instructor and regional director with Activator Methods International. A participant on the editorial committee for the *Activator Method*, Second Edition textbook, Dr. Watts' Quick Notes are published in the textbook, and she also contributed several tests and adjustments to the content. Dr. Watts is a full-time professor at Parker College of Chiropractic, where she serves as course director for the Activator Method Chiropractic Technique, Obstetrics and Gynecology, and Pediatrics. She has pediatric certification from the ICPA and provides services as a doula. Dr. Watts also stays busy managing her private chiropractic practice.



**Ronald "Chip" Weisel, II, DC** – Dr. Weisel received his doctor of chiropractic degree from Life University School of Chiropractic, after completing pre-doctoral coursework at Malone College and the University of Akron. He is also a post-graduate faculty member at Palmer College of Chiropractic. In private practice since 1989, Dr. Weisel owns and operates Hartville Health & Wellness Centre, Inc., a complementary and alternative medicine facility. He has served as an instructor for Activator Methods since 1993 and enjoys regular public speaking engagements in the community.